


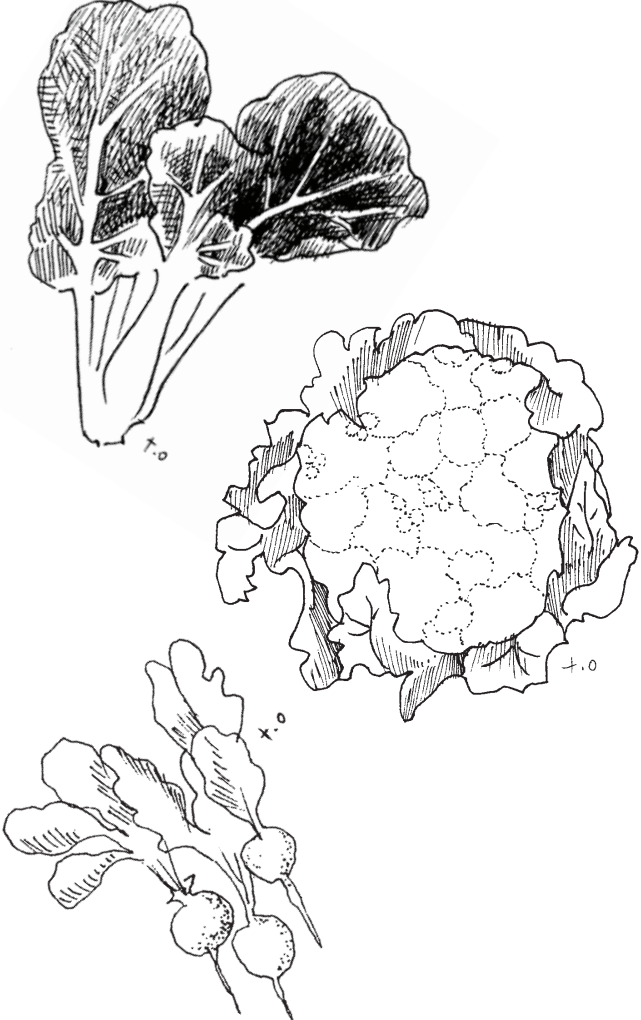
MOFGA Seed Planting Calendar

If you're new to growing vegetables or just need a refresher, here's a basic vegetable planting calendar to get you started. The dates are approximate – and based on USDA Plant Hardiness zone 5 – and will vary depending on your location, the weather, and the time you have available.

Date	Start Indoors	Start Outdoors	Transplant out
March 1	celery, celeriac, parsley (3/1 to 3/15); scallions, onions, leeks, shallots (2/20 to 3/15)		
March 14	head lettuce, bulb fennel, chicories (including escarole, dandelion greens and radicchio)		
March 21	peppers (3/1 to 3/21), eggplant (3/21 to 4/1)		
April 1	bok choy, broccoli, Brussels sprouts, cabbage, cauliflower, Chinese cabbage, collards, kale, kohlrabi, Swiss chard		
April 14	tomatoes, tomatillos, husk cherries, basil		
May 1	melons, cucumbers, squashes (zucchini, summer and winter squashes, pumpkins)	beets, carrots, leaf and head lettuce, peas, arugula, radishes, salad turnips, spinach, Swiss chard (5/1 to 5/31)	bok choy, broccoli, Brussels sprouts, cabbage, cauliflower, Chinese cabbage, collards, kale, kohlrabi, Swiss chard (5/1 to 5/15, when 4 to 5 weeks old), leeks (5/1 to 5/15)
May 14	broccoli, cabbage, cauliflower for fall crop	beets, leaf and head lettuce, cilantro, dill, peas, arugula, radishes, salad turnips, spinach	

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Date	Start Outdoors	Transplant out
June 1	bush green beans, bush dry beans, pole beans, beets, Chinese cabbage (5/30 to 7/30), carrots, corn, leaf and head lettuce, peas, potatoes, arugula, radishes, salad turnips, spinach	celery, celeriac, parsley (6/1 to 6/15); tomatoes, tomatillos, husk cherries, peppers, 3/21 sowing of eggplant, basil, sweet potato slips (6/1 to 6/15) Transplant or direct seed out: melons, cucumbers, squashes (zucchini, summer and winter squashes, pumpkins)
June 14	beets, corn, leaf and head lettuce, cilantro, dill, peas, arugula, radishes, spinach, salad turnips	cannabis, 4/1 sowing of eggplant, 5/15 sowing of broccoli, cabbage and cauliflower
June 21	bush green beans, carrots	
July 1	beets, corn (short-season varieties), kale, leaf and head lettuce, peas, arugula, radishes, spinach, salad turnips, storage turnips (7/1 to 8/1)	
July 14	bush green beans, beets, carrots, rutabaga, leaf and head lettuce, cilantro, dill, peas, arugula, radishes, daikon and other winter radishes (7/15 to 8/15), spinach, salad turnips, hardy bunching onions for fall and spring harvest (7/15 to 8/15)	
August 1	beets, leaf and head lettuce, peas, arugula, radishes, spinach, salad turnips	
August 14	leaf and head lettuce, cilantro, dill, arugula, radishes, spinach, salad turnips	
September 1	leaf lettuce, arugula, radishes, shallots for spring green onions, spinach	
October 15	garlic	

Planting calendar adapted from an article by Jean English, and updated with input from Caleb Goossen and Holli Cederholm Illustrations by Toki Oshima.